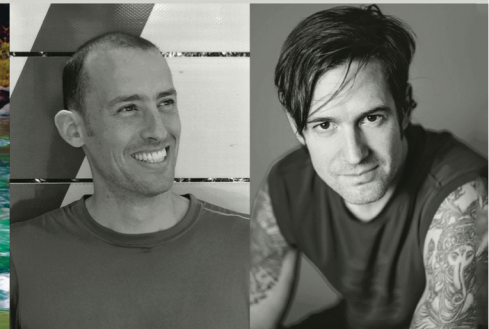


Ashtanga Yoga Immersion

MYSORE & MORE AT BREITENBUSH HOT SPRINGS



OCT. 30 TO NOV 4, 2016 • \$275 (\$225 BEFORE 10/1/16)

Join us for a special Ashtanga Yoga experience at the healing and nourishing Breitenbush Hot Springs. Retreat includes five Mysore classes, daily clinics to deepen your practice, Yoga philosophy, singing & chanting, and meditation. No previous experience in Ashtanga Yoga is required.

To register call (503) 854-3320.

www.breitenbush.com

www.ashtangalanka.com

www.neareastyoga.com

Casey and Jacob are excited to combine forces for this event and share a diverse array of skills and knowledge. Casey founded Near East Yoga studio in Portland, OR in 2002, and Jacob is a traveling AcroYoga & Ashtanga yoga teacher based in the Pacific NW. Together they have 30+ years of yoga experience and practice.